

Check in on your health with a quick check-up.

With Included Health, you don't have to spend time or money finding a doctor who fits your care needs.



Get a doctor today for help avoiding healthcare costs tomorrow. Included Health matches you with a top provider you can see online or in-person. Plus, we tell you who's in-network and nearby and what their patients think about them, so you can make an informed decision about your care.

How to get started:

- 1 **Download the Included Health app.** to access your account.
- 2 Select **Get care** and search by provider, condition, or procedure.
- 3 **Get personalized recommendations** for providers who are in-network and nearby.

Cross critical check-ups off your to-do list, including:*

- ✓ Annual wellness checks
- ✓ Annual mental health screenings
- ✓ Annual blood work and cholesterol checks.
- ✓ Annual diabetes screenings
- ✓ Annual health screenings depending on your gender
- ✓ Additional cancer screenings depending on your age

How we choose our recommended primary care providers:

- We look for doctors who are in-network and nearby to save you time and money.
- We review for board sanctions and unsafe practice patterns.
- We rank our recommendations by experience, training, and practice quality.
- We generate best matches for you to make sure you get high-quality care that fits your needs.

*Recommended screenings vary by age and personal clinical history.

Find a doctor.

Download the Included Health app.

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