

Need healthcare help? You got it.

Included Health is your no-cost Windstream health benefit.



Handling healthcare alone? Not anymore. You've got us to help. With Included Health, you can find a top in-network doctor, keep your healthcare spending organized, see all your insurance info, and more—all in the app and all at no cost.

Get the right care, right away. Get started today.



Find top doctors, therapists, and specialists in-network and in your neighborhood.



Access all your insurance info all in one place. You can even track your deductible.



Connect to expert medical advice 24/7—on your phone and from your sofa.



Get a second opinion from a top specialist and a custom care plan for your health needs.

How much does it cost?

Included Health is fully covered by Windstream and available at no cost to you and your covered dependents.

Who can use Included Health?

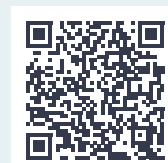
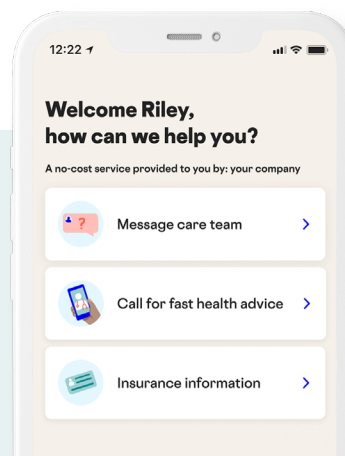
Included Health -- available at no cost to Windstream medical plan enrollees and their covered dependents -- is HIPAA-compliant. Your information is private and confidential.

How do I get started?

- 1 Download the Included Health app.
- 2 Activate your account or login.
- 3 Get the healthcare help you need.

Activate your account.

includedhealth.com/windstream
1-855-524-8426



Download the app

