

Better care for neurodivergent thinkers is here.

Neurodivergent individuals have unique healthcare needs, from finding the right specialist for an existing diagnosis to getting care that's inclusive of their communication preferences. Included Health offers individual support to our neurodivergent members and their loved ones.

Here's how Included Health can help:

- Chat with a care coordinator for help understanding the details of a bill, booking a visit, or making sense of healthcare jargon.
- Browse therapists and psychiatrists to find the right fit. Many of our providers have experience working with neurodiverse patients.
- Get paired with an in-network clinician for adult assessments of ADHD, autism, and more.
- Get a written second opinion on an existing diagnosis. Ask any questions you have without feeling rushed.

Contact us in whatever way works for you.

If you prefer talking on the phone, call a care coordinator. If you prefer texting, send us a message in the app. Get answers to your questions however you're most comfortable.

Find care for any neurodivergent condition, including:

- Attention-deficit/hyperactivity disorder (ADHD)
- Autism spectrum disorder
- Social anxiety
- And more



download the app

Get care.

includedhealth.com/windstream

1-855-524-8426

