

Nothing about cancer is easy. Included Health is here to help.

As your no-cost health benefit from Windstream, we offer personalized support for cancer.



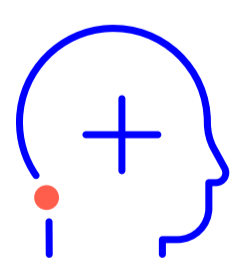
A cancer diagnosis comes with plenty of questions, concerns, and uncertainty. Included Health can help you gain confidence in your treatment, find top experts to review your care, and answer urgent questions. We're here to help at no cost to you.



Get a second opinion from a leading oncologist to make sure every aspect of your diagnosis and treatment plan is right for you.



Speak with a healthcare professional anytime about how to handle side effects of medication, what kind of doctor is recommended for your care, and more.



Find a therapist experienced in dealing with the stress of a life-changing diagnosis.

How a second opinion works:

- We collect all your records, tests, and doctor's notes.
- We find a leading oncologist to review your case and provide a second opinion.
- We discuss your treatment options with you and your doctor if necessary.

How to get started:

- 1** Download the **Included Health app** to access your account.
- 2** Select **Messages** to chat with a care coordinator.
- 3** Let your **care coordinator know** you're interested in starting a second opinion.



Start a second opinion today.

Download the Included Health app.

includedhealth.com/windstream | 1-855-524-8426