



Connected Care Program

Save time and money when handling complex and chronic health conditions.

Are the costs and complications of the healthcare system stressing you out? Get personalized care with the Connected Care Program at no cost to you.

How we help:



We review your healthcare bills, explain any confusing charges, and make sure you're not overpaying.



We get you answers to what insurance covers and can let you know what's in-network. We can also help with pre-authorizations and paperwork.



We find a leading specialist to review your care and explore treatment options. Then, we help answer any urgent or follow-up questions.



We help with prescription refills, in-person referrals, nutritional and dietary support, and preventative check-ups

When we help:

- Diabetes
- Cancer
- · Heart disease
- · Pain management
- · Recent ER visit
- · Pre and postnatal care
- High healthcare costs
- · Recent hospitalization
- · And more

Included Health - available at no cost to Windstream employees enrolled in a BCBS or UMR medical plan and their covered dependents - is HIPAA-compliant. Your information is private and confidential.



Learn more.

includedhealth.com/windstream 1-855-524-8426

