



Members get dedicated confidential maternity care —before, during, and after pregnancy.

Thanks to Windstream, new and expecting parents have dedicated healthcare support with Included Health.



With Included Health, members have a team of healthcare professionals for personalized and dedicated support to help with all their healthcare needs, from prenatal care to planning for newborn care.

How can Included Health help?



We connect members to specialized maternity and pediatric clinicians to teach them about prenatal care, labor and delivery, lactation support, newborn care, and more.



We offer continuing care from a dedicated team of healthcare professionals, who identify potential risks and help members set health goals.



We provide cost estimates, help plan for prenatal care and childbirth, and offer expert support finding affordable, high-quality care.



Our on-call medical experts work with members' doctors to address all their healthcare needs.

Who can use Included Health?

Included Health is available at no cost to all eligible employees and their covered dependents enrolled in a medical plan with Windstream.

How can I connect to this service?

Call **1-855-524-8426** and let your personal care team know you're interested in receiving maternity support.

Already have the included health app?

- 1. Sign in
- 2. Select "messages"
- 3. Start a chat with your personal care team and let them know you're interested in receiving maternity support.

Learn more.

includedhealth.com/windstream 1-855-524-8426





