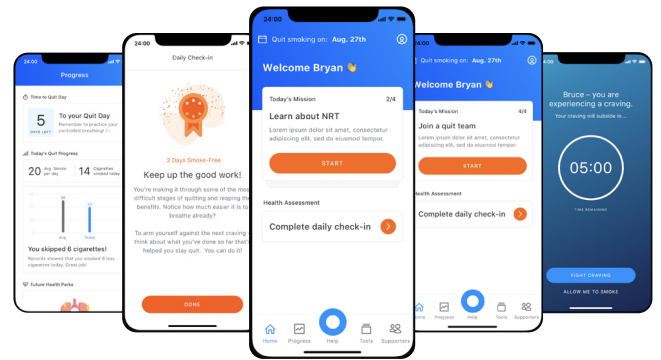


Click to quit. You can do it!

Quit for good with the Tobacco Cessation Program, powered by Clickotine. The program takes a confidential, comprehensive approach using the clinically-validated Clickotine mobile app, nicotine replacement therapy (NRT) and coaching by licensed tobacco cessation specialists.

Key features:

- *Personalized quit plan and messaging*—Create a plan you can stick to with support and guidance.
- *NRT*—Get eight weeks of NRT products (nicotine gum, patches or lozenges) delivered directly to your home.
- *Coaching*—Exchange text messages with licensed tobacco cessation coaches.
- *Vaping module*—Access a specific program for help to quit vaping.
- *Digital diversions*—Have fun with games and activities. Earn points and badges that can be exchanged for rewards.
- *Targeted strategies*—Reduce craving episodes with mindful breathing and multi-sensory stimuli.
- *Social engagement*—Invite your friends and family to support you from within the app using templated conversation starters sent via text or email.
- *Daily motivation missions*—Refocus on your goals each day through immersive, meditative experiences like positive reflection.
- *Health outcome improvement monitoring*—Track improvements in your pulse rate, oxygen level and body temperature.
- *Financial reward tracking*—See how much money you are saving by quitting.



How to get started:

- Go to MagellanAscend.com.
- Click the blue "Find My Company | Log In" button in the upper right corner.
- Enter your company name or log in to your account.
- In the Explore section, click on the "Tobacco Cessation Program" icon. Or, in the Your Apps section, click on the "Clickotine" icon.
- Follow the instructions to access the Tobacco Cessation Program. Your client ID code is 2DT885



Employee Assistance Program
1-800-327-5569

35.3% of Clickotine app users successfully quit at the 6-month mark and so can you!